



**Some lighter prompts to start (or re-use):**

Cake, pie, or brownies?

What was high/low of ...week \_\_\_\_ of virtual learning? ...yesterday? ... Your weekend?

What is something you do that you lose track of time doing?

What is your favorite part of your day?

What is something you're enjoying everyday?

What is one thing you have been doing to "take care" of yourself? ...or others?

What is one quality or ability you wish you could wake up with tomorrow?

What is your favorite song (to wash your hands to, or just to listen to)?

What has been the same and what has been different about this time?

If a time capsule could take you back to March 1st, what would you bring back with you?

Share one thing you're grateful for today.

Share something you're looking forward to post-COVID19.

Are you able to help others? (virtually or at home). How so?

**Going a little deeper:**

Is being quarantined keeping you more connected or less connected to who you live with at home? How about friends?

What is something you have learned or grown in, during this time?

What is one thing you thought you couldn't live without, that you have found yourself living without?

What has been the hardest part of this/social distancing so far?

What is something you would want to tell yourself on your last day before this started? ...or on the first day when we are back?

What do you miss most about school, and what in one thing you are happy about "leaving" at school?

If you could share one message with everyone in NYC at this time, what would you say?

What are some routines you have (or would like to have) in place that keep you sane?

What gives you a sense of control? Or what *would* make you feel in control?

Some prompts we liked from NYTimes "[Picture Prompts](#)":



What heroic acts — big or small — have you witnessed during the coronavirus pandemic?



What places do you wish you could have all to yourself?



Now that schools have closed, have you created a space for learning in your home?



Who would you most like to talk to in person right now, and why?